

Leicester City Health and Wellbeing Board 18<sup>th</sup> January 2024

> Better Care Fund Quarter 2 Update

## Better Care Fund - overview

- The BCF is approaching its 10<sup>th</sup> year
- A pooled fund supports a range of preventative and integrated health and social care interventions that aim to:
- Provide early help for children, families and adults in Leicester
- Support integrated community services that reduce / delay need for statutory health and care services
- Reduce avoidable admissions to hospital or care trough effective proactive care and crisis intervention
- Support timely discharge from hospital and promote independence
- 5 Key system metrics

## Q2 Update: Metrics

- Avoidable admissions
- Discharge to usual place of residence
- Emergency admissions related to falls
- Residential care admissions
- People at home 91 days after reablement

All on track

Strong performance – discharge / residential admissions / 91 days Risks / unpredictable demand – Avoidable admissions / falls

#### Areas to celebrate – what the BCF achieves

- Unscheduled Care Coordination Hub awards / shortlisting for impact on avoiding admission by connecting people to community support and avoiding transfers to hospital
- Rehabilitation, Reablement, Recovery (RRR) live from 1<sup>st</sup> November supporting timely discharge home with only 20-25 people in hospital waiting for ASC on any day
- Strong falls response via ICRS / Care home lifting equipment and app
- Consistent top quartile performer for 91 day outcome
- Evidence of preventative impact e.g. Leicester Mammas

# Areas of Challenge

- Complexity of system influences e.g. drivers for emergency admissions
- Pressures in ED / handovers despite strong discharge / avoidance offer
- Capacity to support intermediate care (beds)
- Capacity to develop integrated community neighbourhood approaches (primary care, community health and therapy, social care)
- Local financial positions and implications for in year underspends

## BCF Story – The Centre Project

- Receives £24,531 in 23/24
- Delivers 6 core offers in city centre:
- Open access welcoming space, social activity, food bank, advice and support, preventing homelessness, health support
- Supported 750 individuals / 7, 580 contacts over the year
- Targeted sessions from cervical screening to gambling support
- The Centre Project primarily provides services to those located in LE1 and LE2. LE1 and LE2 as a population contains the highest volume of those living in the lowest Indices of Multiple Deprivation 1 and 2 i.e. the most deprived.

## BCF Story – Leicester Mammas

- Receives £36,981 in 23/24
- Baby Project sessions are held weekly for pregnant women and those with children under 3 years of age, with additional vulnerabilities, to access:
- Emotional support, antenatal and breastfeeding support
- Emergency supplies (including infant formula)
- Welfare advice and Healthy Start
- Support with housing applications and council tax, help with school/nursery applications
- Integration into existing services and parent and baby groups, and referrals to other organisations where appropriate
- C.100 referrals by Q2

"Sometime just talking to someone helps. I miss my family and my home in India. But we are making new home here. I will restart my dissertation soon and I am feeling more positive. I feel I have friends here"